### I think I'm interested!

You must be enrolled in waiver services to choose either of these options. Contact your Case Manager and discuss it with your support team to determine if one of the Self Direction options is the right choice. It will not be an appropriate option for everybody.

If you choose one of the Self Direct options and it isn't working well or you just don't like it, contact your Case Manager to assist in reenrolling in traditional services.



If you have any questions before, during, or after enrolling, contact your Case Manager or a DDP Regional Office with questions.

### THE MONTANA DEVELOPMENTAL DISABILITIES PROGRAM (DDP)

The Developmental Disabilities Program is a state agency under the Montana Department of Public Health and Human Services. DDP provides oversight and funding for the service system that supports individuals with developmental disabilities in Montana. If you are interested in learning more about services and eligibility, contact the DDP Regional Office near you or the DDP Central Office.

Developmental Disabilities Central Office 111 Sanders, Room 305 PO Box 4210 Helena, MT 59604 (406)444-2995 (voice/TDD)

Website: <a href="http://www.dphhs.mt.gov/dsd/ddp">http://www.dphhs.mt.gov/dsd/ddp</a>

#### DDP REGIONAL OFFICE LOCATIONS:

Billings	2121 Rosebud	(406) 259-8122
Bozeman	300 N Wilson Ave	(406) 587-6066
Butte	700 Casey, Ste A	(406) 496-4922
Glasgow	226 6th St. S.	(406) 228-8264
Great Falls	s 201 First St S.	(406) 454-6085
Helena	3075 N. Montana	(406) 444-1714
Kalispell	121 Financial Dr	(406) 751-5930
Miles City	114 N 7 <sup>th</sup>	(406) 232-2595
Missoula	2675 Palmer	(406) 329-5415

## SELF-DIRECTION SERVICE OPTIONS



# MONTANA DEVELOPMENTAL DISABILITIES PROGRAM

111 Sanders, Room 305 PO Box 4210 Helena, MT 59604 (406)444-2995 (voice/TDD) (406)444-0230 (fax)

## WHAT IS SELF DIRECTION?

Self-directed services give individuals with disabilities and their families more freedom in managing their services and individual budgets. For many, having the ability to be more involved in what services they get and who provides those services is very important.

Although individuals can hire a Support Broker and Fiscal Agent to help, self directing services will require <u>more responsibility and expectations.</u>

Successful self direction builds on natural support networks through contributions from communities, friends, and family members.



### WHAT DOES SELF-DIRECTION MEAN TO ME OR MY FAMILY?

If you are participating in a Montana Developmental Disabilities waiver, you may be able to Self Direct your services. These service options may allow you and/or your representative or family to have more control over:

- WHAT Services and Supports You Receive Based on Your Assessed Needs
- WHEN Services are Provided To You
- <u>WHO</u> Provides Services To You
- HOW Services Are Provided To You

## TWO SELF-DIRECTION OPTIONS ARE AVAILABLE

**Agency Is the Employer** – Also called Agency With Choice Option. Some existing provider agencies already offer some Self Directed services. With this option:

♣ The provider agency is the legal employer and is responsible for

- all aspects of hiring and managing staff as well as service documentation requirements.
- Individuals have increased control over the What, When, Who, and How services are provided.
- Individuals still have a Case Manager to help monitor ongoing service delivery and individual budgets.

**YOU Are the Employer** – Also called Employer Authority Option - Under this option, the individual or a family member is the legal employer.

- ♣ The individual or family member is responsible for all aspects of hiring and managing staff as well as service documentation requirements. Services called Fiscal Agent and Support Brokerage can assist with these responsibilities.
- Individuals control the What, When, Who, and How services are provided.
- Individuals still have a Case Manager to help monitor ongoing service delivery and individual budgets.